



**EAT RIGHT** INC.  
Caribbean Restaurant

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## Caribbean Restaurant



### SUNDAY BRUNCH

	LARGE	SMALL
ACKEE AND SALTFISH	10.00	8.00
CALLALOO	7.00	5.00
MACKEREL	9.00	7.00
LIVER	7.00	5.00
KIDNEY	7.00	5.00
SALTFISH & OKRA	8.00	6.00
CABBAGE & SALTFISH	8.00	6.00
BUTTER BEAN & SALTFISH	8.00	6.00
PORRIDGE	4.00	2.50
FRY DUMPLING		.50 EACH

SUNDAY BRUNCH  
 DISHES SERVED WITH  
 YAM, GREEN BANANA,  
 BOIL OR FRY DUMPLINGS

FROM 11:00AM

### DRINKS

	LARGE	SMALL
SORREL	5.00	3.00
PEANUT PUNCH	5.00	3.00
IRISH MOSS	5.00	3.00
CARROT JUICE	5.00	3.00
FRUIT PUNCH	3.00	1.50
LEMONADE	2.00	1.00
ICE TEA	2.00	1.00
SPRITE	1.50	
COKE	1.50	
DIET COKE	1.50	
COFFEE		1.00
LIPTON TEA (HOT)		1.00
PEPPERMINT		1.00
ORANGE JUICE	2.00	1.50

### SOUPS

	LARGE	SMALL
COWFOOT	5.00	3.00
RED PEAS	5.00	3.00
CHICKEN	5.00	3.00
BEEF	5.00	3.00
GOAT HEAD	5.00	3.00

### SALADS

GRILL CHICKEN	4.99
GARDEN	4.99
CEASAR	4.99
POTATO	4.99



### DESSERTS

ASK ABOUT OUR CAKE OF THE DAY: CHOCOLATE - STRAWBERRY - CARROT  
 CHEESECAKE - VANILLA - LEMON CREME - 2.00 ( PER SLICE )

JAMAICAN ICE CREAM: RUM RAISIN - GRAPE NUT (2 SCOOP) - 3.00 ( PER SERVING )  
 JAMAICAN SPICE BUN & CHEESE - 2.00

# LUNCH/DINNER

	LARGE	SMALL
CURRY CHICKEN	7.00	5.50
STEW CHICKEN	7.00	5.50
JERK CHICKEN	7.00	5.50
BAKE CHICKEN	7.00	5.50
BBQ CHICKEN (BREAST \$.75 MORE)	7.00	5.50
JERK WINGS	8.00	6.00
CURRY GOAT	8.00	6.00
OXTAIL	10.00	8.00
COWFOOT	7.00	5.50
STEW PEAS	10.00	7.00
<b>*RASTA PASTA (ONE SIZE)</b>		6.00
BROWN STEW FISH	12.00 AND UP	
ESCOVITCH FISH	11.00 AND UP	
STEAM FISH	12.00 AND UP	
KING FISH	11.00 AND UP	
<b>*BUTTER SHRIMP</b>	12.00 AND UP	
<b>*CURRIED SHRIMP</b>	12.00 AND UP	
<b>*CURRIED LOBSTER TAIL</b>	14.99 AND UP	
<b>*GRILLED SALMON</b>	12.99 AND UP	
BBQ BEEF RIBS	10.00	8.00

(ALL ENTREES ARE SERVED WITH WHITE RICE OR RICE & PEAS, VEGETABLES AND PLANTAINS) \* (MADE TO ORDER)

LEMON PEPPER WINGS	4.99
BBQ WINGS	4.99
HOT & MILD WINGS (10 WINGS)	4.99

FISH AND CHIPS	3.99
3 PC FRY CHICKEN RICE & PEAS	5.50
4 PC FRY CHICKEN RICE & PEAS & VEG.	7.00

## KIDS COMBO

CHICKEN FINGERS (3)	3.00
ONION RINGS	3.00
FRENCH FRIES	3.00

(COMBO COMES WITH AN ACTIVITY AND A SMALL SOFT DRINK)



## SIDE ORDERS

PLANTAINS (6 PIECES)	2.00
VEGETABLES	2.00
WHITE RICE	2.00
RICE & PEAS	3.00
JERK WINGS (8)	4.00